

Berocca Twist & Go

Anytime. Anywhere. No Water Needed

Ca
Calcium

*Essential mineral
for supporting
cognitive performance*

Mg
Magnesium

*Helps to reduce
tiredness*

**Vitamin
C**

*Helps to support
immune system function*



Zn
Zinc

*Supports immune
system and
cognitive functions*

B
complex
vitamins

*Contains all 8 B vitamins
which work together to
release energy from food*